

# Audra Christie

North America's Top Executive Coaching Strategist

Audra Christie is a Certified Executive and Professional Coach with over 25 years of experience in guiding global C-Suite and senior level leaders to inspirational and breakthrough performance. Known as 'The Reframe Coach,' Audra is a dynamic force and voice in the business world, highly sought after by major brands to develop their executives and build high-performing teams and cultures.



## Signature Talks

### How to Reclaim Your Executive Presence

The key to getting to the C-Suite can be summed up in two words, '*Executive Presence*.' Unfortunately, many leaders in today's corporate environment struggle with understanding their own executive presence, which leads to missed opportunities in their careers. In this talk, Audra Christie helps leaders reclaim their executive presence by taking their image well beyond the wardrobe by looking the part, choosing words that matter, and influencing others through executive presence.

#### Here are **three** audience takeaways:

- Understand the #1 secret to master executive presence that is a total 'game-changer'
- Learn how to present yourself in unforgettable ways
- Position yourself as the ONLY logical choice the next time a promotion is staring you in the face

### Feedback FOMO is Real

A single piece of feedback isn't enough to drive change - the same way a single piece of data can't become a trend. But, several pieces of feedback certainly can stir some consideration for the things in our life and career that might need changing. In this talk, Audra Christie uses her personal experience with feedback to teach leaders how to properly hold space when giving/receiving feedback in the workplace.

#### Here are **three** audience takeaways:

- Improve your relationship with feedback and reduce the stress associated with it
- Learn a framework for processing feedback in the moment & beyond
- Increase your confidence when giving and receiving feedback

## Other Speaking Topics

- Memorable Conversations in the Workplace
- Networking Strategies - How To Connect Beyond Hello
- Purpose-Driven Leadership
- Developing the Leader Within - C.O.R.E. Dimensions Model
- The Executive Leader - Your Words Matter
- How to Play the Game Within the Game

## Book Audra to Speak

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